



Amalgam (Silver) Filling Post-Op Instructions

- If your child is numb, please follow the post-op instructions for numbness.
- The filling will not reach maximum hardness for 24 hours; therefore, a **soft food diet** for the day is encouraged. Milkshakes, smoothies, yogurt, applesauce and mac and cheese are great choices.
- To properly place the filling, work may be done just below the gumline; therefore, expect your child's gums to be sore for 2-3 days. Your child's gum tissue may bleed upon brushing for the next few days. To help with healing, keep the area clean by gently brushing two to three times a day and flossing.
- For any discomfort, Tylenol or Ibuprofen is recommended.