



### **Extraction Post-Op Instructions**

- Your child will be numb. Please follow the post op instructions for numbness.
- A folded piece of gauze has been placed over the extraction socket. This will put pressure over the area to help control any bleeding. Please have your child bite directly on the gauze until the bleeding is controlled, which may take up to 30 minutes. Additional sterile gauze has been sent home with you to change as needed.
- Avoid sippy cups, pacifiers, bottles or straws for the first 24 hours after the extraction. The sucking action may cause prolonged bleeding.
- Avoid salty, spicy, acidic or crunchy foods for the first 24 hours after the extraction as this may irritate the extraction site. Cold and/or soft foods are a great choice (i.e. ice cream, applesauce, mac and cheese, etc...).
- For any discomfort, Tylenol or Ibuprofen is recommended.
- Please note that when your child becomes more active, oozing from the extraction site may occur. Simply have your child bite on a piece of gauze for 5-10 minutes to stop the oozing.