

Fishers Pediatric Dentistry

**0-3
Years Old**

Baby Teeth:

The first baby tooth erupts at about 6 months old and the last erupts between 24-36 months of age; however, there is great variability among children. Primary teeth serve many purposes such as holding space for the adult teeth as well as speech development. That is why it is so important for regular dental check ups with our office.



Pacifiers/Thumb:

By age three, we want your child to no longer be using a pacifier. The sooner this habit stops, the less likely it is to have a detrimental effect on the permanent teeth. If your child sucks their thumb, we recommend limiting the time they are allowed to do this.

X-Rays:

At this age, we will take two anterior x-rays (of the front teeth), allowing us to see your child's developing permanent teeth. We use state of the art digital x-rays.



www.fisherspediatric.com
317-598-9898

Brushing and Flossing:

It is very important that your child brushes their teeth two times a day. Children at this age do not have the hand-eye coordination to effectively brush their teeth well and should be assisted by an adult. Use a pea-sized amount of fluoride-free toothpaste with a soft toothbrush for children who have not learned to spit yet. Letting your child chew on a toothbrush will accomplish some cleaning and makes a very nice teething toy!



**Early Childhood
Dental Caries**

Breast Milk/Juice/Bottles/Sippy Cups:

Breast milk, formula, and even natural juices all contain sugar; this is why we advise parents to never put your child to bed with a bottle or sippy cup containing any fluid but water. Even watered down juice can cause tooth decay, so when traveling with a drink, please fill your child's bottle or sippy cup with water.