

Fishers Pediatric Dentistry

Brushing and Flossing: This responsibility should be solely placed on the child at this age. All adults should brush twice a day and floss daily to maintain a healthy mouth. It is also recommended to brush the tongue. More frequent brushing is recommended for patients undergoing orthodontic treatment. Ask your dental hygienist how well you are doing on your home care.

Want Whiter Teeth? Our office offers several choices to help achieve a whiter smile, including microabrasion, at-home bleaching strips and custom bleaching trays. The development of the teeth and the child's age must be considered when deciding on a whitening procedure. This is a decision that should involve your dental team.



X-Rays: A panoramic x-ray may be taken to examine the third molars (wisdom teeth). We will evaluate how far along the teeth have developed and refer you to an oral surgeon when necessary.

13-18
Years Old



www.fisherspeditric.com
317-598-9898



Before



After

Sealants: Dental sealants are a preventative measure that we recommend for your child's permanent molars. Sealants protect the deep grooves of the permanent teeth from sugars, plaque, and acid. Having sealants placed is a simple and painless procedure that does not require any drilling or local anesthetic.

Decalcification: Decalcification is the breakdown of the enamel caused by a variety of factors. Decalcified areas appear chalky white on teeth. Poor oral hygiene can cause decalcification. There is a high risk for this to occur in children with braces who have especially poor oral hygiene. Remember to brush thoroughly to prevent decalcification on your teeth!



Cigarettes and Chewing Tobacco: As little as 3-4 months of tobacco use can cause gum disease and produce pre-cancerous lesions. The decisions you make about tobacco products will affect you for the rest of your life.

Periodontal Diseases: Bleeding gums are not normal for anyone. In most cases, bleeding gums are an early sign of periodontal disease. If not treated at an early stage, this disease can result in gum recession or loss of teeth. The easiest way to prevent gum disease is daily flossing and toothbrushing. If you need assistance, ask your dental hygienist to evaluate your home care to prevent this infection.