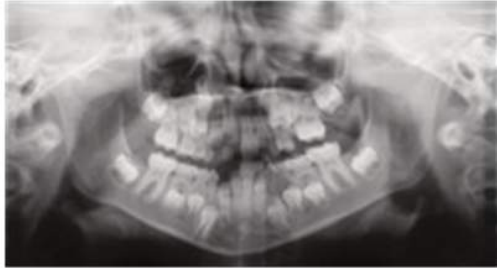


# Fishers Pediatric Dentistry

## Mixed Dentition (Baby + Adult Teeth):

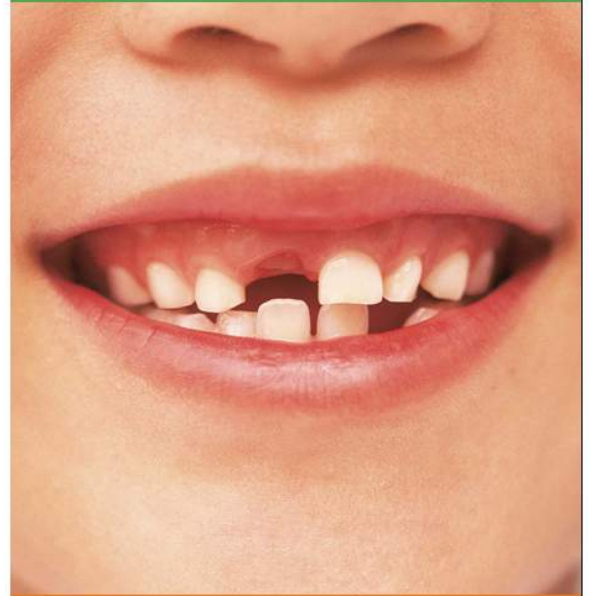
At approximately age 6, your child will begin to lose their baby teeth. Your child will erupt four adult molars and eight incisors. The adult teeth usually appear more yellow due to the different developmental makeup of these teeth.



### X-Rays:

As soon as your child's first permanent tooth begins to erupt, we will take a panoramic x-ray to monitor the growth and development of the adult teeth. Bitewing x-rays will be taken yearly to evaluate areas between the teeth.

4-8  
Years Old



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**Snacks:** When considering a snack, keep in mind two important factors: the sugar content and how long the snack will be on your child's teeth. The stickier the food, the longer it stays in the grooves of the teeth. Bad snacks include food items which are excessively gummy or sticky such as fruit chews and dried fruits. Gummy vitamins are sticky and have the possibility of causing tooth decay as well. Sugary drinks such as colas, sodas, juices, and sport drinks should only be consumed at meal time.



Before

After

**Sealants:** Dental sealants are a preventative measure that we recommend for your child's six year molars. Sealants protect the deep grooves of the permanent back teeth from sugars, plaque, and acid. Having sealants placed is a simple and painless procedure that does not require any drilling or local anesthetic.

**Brushing and Flossing:** Now is the time for your child to take on more responsibility in brushing and flossing. Adult toothpaste with fluoride should be used with a soft toothbrush, but with adult supervision. The teeth must be brushed a minimum of two times a day. Flossing with either conventional dental floss or hand held flossers should be done daily.

