

Numbness "Sleepy Juice"

When it is necessary to numb an area, our office specializes in using distracting techniques to make it the most comfortable experience possible! First, a topical anesthetic (jelly) will be placed over the area to reduce the sensation of the injection. We take great care to keep everything out of the view of the patient and remove the focus from the procedure being performed. These techniques combined with the use of nitrous oxide (laughing gas) typically make the experience easy and most children do not realize what is going on!



Post-Operative Instructions

The sensation of being numb after the appointment is typically the most challenging aspect for a child to understand. It may take 1-4 hours for the numbness to wear off. During this time, avoid eating foods that require much chewing. We recommend a soft food diet with cold foods such as milkshakes, smoothies and yogurt. Watch your child closely so that they do not bite their tongue, cheeks or lips. He/She may not realize how hard they are biting and your child may injure their soft tissues.