

Resin (WHITE) Restoration



Resin is a moldable material and is available in several different shades so that it can be custom matched to the natural tooth color. We use resin for small fillings or when working on a tooth where esthetics is a concern. If your child has large decay or a fracture on a front tooth, we may recommend a resin crown to cover the entire tooth. Resin material is not as strong as the original tooth and great care must be taken for maintenance.



Post-Operative Instructions

- Avoid sticky hard candies and chewing on ice to prevent breaking the filling or crown. If resin was used on front teeth, avoid biting into hard foods such as apples, carrots and corn on the cob. We recommend cutting hard foods into small pieces and chewing them with the back teeth.
- Limit drinking or eating dark colored beverages and foods as this may cause staining and discoloration of the resin material.
- To correctly place the filling or crown, work must be done just below the gumline; therefore, expect your child's gums to be sore for 2-3 days. Your child's gum tissue may bleed upon brushing for the next few days. To help with healing, keep the area clean by gently brushing 2-3 times a day and floss.