



Resin (White) Filling / Resin Crown Post-Op Instructions

- If your child is numb, please follow the post-op instructions for numbness.
- Avoid sticky hard candies and chewing on ice to prevent breaking the filling or crown. If resin was used on front teeth, avoid biting into hard foods such as apples, carrots and corn on the cob. We recommend cutting hard foods into smaller pieces and chewing them with the back teeth.
- Limit drinking or eating dark colored beverages and foods as this may cause staining and discoloration of the resin material.
- To seat the crowns correctly, work must be done just below the gumline; therefore, expect your child's gums to be sore for 2-3 days. Your child's gum tissue may bleed upon brushing for the next few days. To help with healing, keep the area clean by gently brushing two to three times a day and flossing.
- For any discomfort, Tylenol or Ibuprofen is recommended.
- Restorations made from resin are not as strong as the original tooth and great care must be taken for maintenance. Please encourage your child to play safely to avoid chipping or breaking the resin material.